

Introduction to Centering Prayer Workshop

Presented by Central Illinois Contemplative Outreach

“The Lord Delights in You . . . “(Isaiah 62:4)



Centering Prayer is a simple method of prayer to help you deepen your relationship with God. Rooted in scripture and ancient Christian insights, Centering Prayer invites us to open our minds and hearts to God as we consent to God’s presence and action within us. During the workshop you will have an opportunity to both learn and practice centering prayer.

Where:

New Song Episcopal Church
912 20th Ave
Coralville IA 52241

When:

Saturday, April 28, 9:00AM – 1:00PM

To Register:

Call Mary at 319-354-1282
or e-mail at mary.reichardt@gmail.com

Refreshments will be available. Follow-up sessions will also be scheduled. Free will offering will be accepted.